



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am	CLOSED						CLOSED
7am		Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming	
8am	Lane Swimming						Lane Swimming
9am							
10am		Aquafit 10:15	Masters Swim 10:00	Aqua Circuit 10:15	Masters Swim 10:00	Aquafit 10:15	
11am	Family Swim 10:30						Family Swim 10:30
12pm							
1pm	Lane Swimming		Lane Swimming		Lane Swimming	Lane Swimming	Lane Swimming
2pm							
3pm		Lane Swimming		Lane Swimming			
4pm	Family Swim 4:00		Family Swim 4:00		Family Swim 4:00	Family Swim 4:00	Family Swim 4:00
5pm							
6pm	Lane Swimming		Lane Swimming		Lane Swimming		Lane Swimming
7pm							